

Breakfast

1. ቶል/Foul regular \$9.99
Fava Beans with onion, tomatoes green paper & Cheese
2. ቶል/Foul special \$12.99
Fava Beans with onion, tomatoes green paper cheese & eggs
3. እንቁላል ፍርፍር/ Egg scramble \$8.99
Cooked Eggs onion, tomatoes and green paper served with bread
4. ገንፎ/ Genfo \$11.99
Oat & barely powder mix with boiled water eat with hot paper and butter
5. ፍርፍር/ Firfir \$15.99
Berbere sauce mixed with Injera, butter, Jalapeno, onion and garlic with or without meat.
6. ጨጨብሳ/ Chechebsa \$10.99
Large flat bread called kita is then torn in to small pieces and mixed berbere and butter it's a moist and soft mixture
7. ቁንጨ/ Kinche \$10.99
Equivalent of oatmeal, nutritious food. It is made from cracked wheat.
8. ቶስት(ቤግል)/ Toast/Bagel \$4.99
Cream cheese or peanut butter with coffee or tea



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ምግብ ቤት

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Ibex Restaurant



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LUNCH/ DINNER

1. አወዜ ጥብስ/ Aweze Tibs \$15.99
Beef with Onion, Tomatoes, Green paper, Powder paper and Ethiopian spices
2. ሊጋ ጥብስ/ Lega Tibs \$15.99
Beef with Onion , Tomatoes, Green Paper And spices
3. ደረቅ ጥብስ/Dereq Tibs \$15.99
Beef with Onion, Tomatoes, Green paper and its own fat make dry
4. ገባ ወጣ/ Geba Weta \$16.99
Ribeye cooked with its own fat Onion Tomatoes and Jalapenos
5. ክትፎ/Kitfo \$17.99
Mince meat side with Ayib
6. ደሮ ወጥ/ Doro Wot \$15.99
Ethiopian style chicken stew with hard Boiled egg
7. ዋሊያ ስፔሻል/ Walia Combo \$29.99
Combination of Veggie combo, Aweze, Tibs, lega Tibs and Kitfo
8. ጎመን በሲጋ/Gomen Besga \$15.99
Collard Green cooked with Beef , onion, Garlic and Ethiopian spices
9. ሸሮ/ Shiro \$13.99
Powder Chickpeas with spices

10. ቦዘና(ሸሮ በሲጋ)/ Bozena shiro \$15.99
Powder chickpeas and Ethiopian spices with meat
11. የጾም በያይነቱ/ Veggie Combo \$15.99
Yellow peas Alichia, Yellow peas with Red paper, Collard Green, Potato dish, Lentil, Salad & cabbage
12. ዝልዝል ጥብስ/ Zilzil Tibs \$17.99
Finger Length Stripes of tender Lean beef cooked with onion, garlic, green paper tomatoes & spices
13. ሸክላ ጥብስ/ Fim Tibs \$16.99
Cooked meat served on Traditional clay with fresh onion, garlic, tomatoes and Jalapenos green paper
14. ክትፎ/kitfo special \$19.99
Mince meat side with ayib mixture of Collard Green with Cottage cheese
15. ሩዝ በሲጋ/ Rice with meat \$14.99
Yellow or white rice (cooked meat with onion, tomatoes, garlic and Jalapenos green paper
16. ሩዝ በአትክልት/ Rice with Veggie \$12.99
Yellow or white Rice with onion, Tomatoes, garlic, cabbage and mix vegetable.
17. አሣ ጉላሽ/fish goulash \$15.99
Chunks of catfish sautéed in onion, tomatoes, jalapenos, rosemary and other special Ibex spices
18. ዱሊት dulet/ Tripa \$16.99
Cut small pieces cooked with onion, jalapenos, tomatoes, garlic and other special Ibex spices.

Beverages

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| Small Coffee | \$2.50 |
| Medium coffee | \$3.00 |
| Hot Tea | \$2.00 |
| Capp, macc, and Latte | \$3.50 |
| Bottle Water | \$1.50 |
| Perrier water | \$2.00 |
| Sodas can | \$2.00 |
| Soda bottle | \$3.00 |
| Juice | \$2.50 |

Consumer Advisor: *Consuming Raw or undercooked meats, poultry, sea food ,shellfish, or eggs may increase your risk of food borne illness if you have medical conditions.*